

## Patient Health History

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Prefer to be called: \_\_\_\_\_ DOB/Age: \_\_\_\_\_ / \_\_\_\_\_

Occupation: \_\_\_\_\_ Referred By: \_\_\_\_\_

Reason for Visit: \_\_\_\_\_

### Gyn History:

1<sup>st</sup> day of last menstrual cycle: \_\_\_\_\_ Age at first menstruation: \_\_\_\_\_ Cycle typically occurs every \_\_\_\_\_ days

Current method of birth control: \_\_\_\_\_

If taking oral contraceptive pills, how many pills have you forgotten to take in the last 3 months? \_\_\_\_\_

Are you sexually active? \_\_\_\_\_ Marital Status: \_\_\_\_\_ Date of last pap smear: \_\_\_\_\_

### Do you have any history of the following?

#### Gyn

- \_\_\_\_\_ Abnormal discharge
- \_\_\_\_\_ Heavy cycles
- \_\_\_\_\_ Painful cycles
- \_\_\_\_\_ Irregular cycles
- \_\_\_\_\_ Endometriosis
- \_\_\_\_\_ Painful intercourse
- \_\_\_\_\_ Bleeding after intercourse
- \_\_\_\_\_ Fibroids/Polyps
- \_\_\_\_\_ PCOS
- \_\_\_\_\_ Infertility
- \_\_\_\_\_ Urinary incontinence
- \_\_\_\_\_ Abnormal pap smears
- \_\_\_\_\_ Sexual assault
- \_\_\_\_\_ Domestic violence

#### STDs

- \_\_\_\_\_ Syphilis
- \_\_\_\_\_ Herpes/HSV (II)
- \_\_\_\_\_ HPV
- \_\_\_\_\_ Gonorrhea
- \_\_\_\_\_ Chlamydia
- \_\_\_\_\_ Genital warts
- \_\_\_\_\_ Trichomoniasis

#### General

- \_\_\_\_\_ Heart disease
- \_\_\_\_\_ High blood pressure
- \_\_\_\_\_ Chicken Pox
- \_\_\_\_\_ Rheumatic Fever
- \_\_\_\_\_ Diabetes
- \_\_\_\_\_ Kidney disease
- \_\_\_\_\_ Recurrent bladder infections

#### General continued

- \_\_\_\_\_ Thyroid problems
- \_\_\_\_\_ Hepatitis
- \_\_\_\_\_ Asthma
- \_\_\_\_\_ Nasal allergies
- \_\_\_\_\_ Tuberculosis
- \_\_\_\_\_ Bleeding disorder
- \_\_\_\_\_ Blood clots in legs or pelvis
- \_\_\_\_\_ Blood clot in lungs
- \_\_\_\_\_ Arthritis
- \_\_\_\_\_ Ulcer disease
- \_\_\_\_\_ Gallbladder disease
- \_\_\_\_\_ Cancer
- \_\_\_\_\_ Depression/Anxiety
- \_\_\_\_\_ Seizure disorder
- \_\_\_\_\_ Migraine headaches

Is there anything else that you would like to discuss with the doctor today? \_\_\_\_\_

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### OB History

Please list pregnancies in order of date. If miscarriage or abortion please write "AB" under type of delivery.

Pregnancy #/Year	Type of Delivery (Vaginal, C-section, VBAC)	Birth Weight	Complications?
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### Personal History

Any previous surgery? (if yes, please describe) \_\_\_\_\_

Any hospitalizations? (if yes, please describe) \_\_\_\_\_

Do you smoke? \_\_\_\_\_ If yes, how many packs per day? \_\_\_\_\_

Do you consume alcohol? \_\_\_\_\_ If yes, how many drinks per week or socially? \_\_\_\_\_

Do you consume recreational or illicit drugs? \_\_\_\_\_ If yes, which one(s)? \_\_\_\_\_

Do you exercise? \_\_\_\_\_ If yes, how often? \_\_\_\_\_ Type of exercise: \_\_\_\_\_

Do you have a primary care physician? \_\_\_\_\_ If yes, please list name: \_\_\_\_\_

Please list all medications (prescription or OTC) you are currently taking: \_\_\_\_\_

Supplements/Herbs (please list) \_\_\_\_\_

Please list all drug or material (ex: Latex) allergies and what reaction occurs: \_\_\_\_\_

### Family History

Mother: Alive \_\_\_\_\_ Age: \_\_\_\_\_ Current Medical Problems: \_\_\_\_\_

Deceased \_\_\_\_\_ Age at death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

Father: Alive \_\_\_\_\_ Age: \_\_\_\_\_ Current Medical Problems: \_\_\_\_\_

Deceased \_\_\_\_\_ Age at death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

Siblings: Alive \_\_\_\_\_ Age: \_\_\_\_\_ Current Medical Problems: \_\_\_\_\_

Deceased \_\_\_\_\_ Age at death: \_\_\_\_\_ Cause of death: \_\_\_\_\_

List any family history of birth defects: \_\_\_\_\_